

global learning for positive change



# India Mumbai 2026







### Your Global Action Programme

At Global Action, we believe in engaging young people in Global Learning about poverty reduction, environmental issues and social justice. This develops Global Citizens, able to effect positive global change for the future.

Global Action programmes engage students with global issues, carefully designed around the UN agreed Sustainable Development Goals. Your trip will explore how these goals are being achieved on an international scale, and what still needs to be done.

### Support Raising Funds

### Trip Preparation

### Global Learning



Raising funds support Ideas and resources on webpage



Destination Handbook Discount codes for kit Fitness advice





Global Learning Workshop Resources and further reading on webpage

### Trip Preparation

### Overseas Trip

### Alumni Community



Meet your Global Action Leader and kit preparation evening Leaders' Safety Management Workshop

Training Day (if

applicable)



Exposure to local and global development Visits to international agencies

 Participation in practical projects



Empowered and engaged global citizens ASDAN Universities Award



"It has been a once in a lifetime opportunity, that has given me the confidence to travel everywhere.

I have had an amazing time."

Student, Saffron Walden High School

### Why Mumbai?

#### Welcome to Mumbai

Mumbai, the vibrant economic and cultural hub of India, offers an unparalleled opportunity to engage with global issues such as poverty reduction, urbanisation, and education. This exciting trip will give students a chance to learn through hands-on volunteering and workshops with award-winning charities, explore the city's rich heritage, and experience the bustling energy of one of the world's largest cities.

#### Why Mumbai and India?

India, with its rich history, diverse cultures, and fast-growing economy, provides a unique setting for students to learn about global challenges and solutions. As the financial and entertainment capital of India, Mumbai embodies the country's contrasts—modern skyscrapers stand alongside slum communities, while luxury shopping districts neighbour traditional markets.

#### Key facts about Mumbai:

- Mumbai is home to over 20 million people, making it one of the world's most populous cities.
- It is known as the **Gateway to India**, a melting pot of languages, cultures, and religions.
- The city contributes over **6% to India's GDP** and houses the world's largest film industry, Bollywood.
- Despite its economic growth, Mumbai faces challenges such as overcrowding, poverty, and waste management, making it a critical location for sustainable development projects.

#### **Learn about:**

- Sustainable growth and development, urban migration and development
- Human rights, Gender Equality, Poverty Reduction, Education and Economic Resilience
- World Religions: Hinduism

### **Useful facts**

**Climate:** Mumbai enjoys a tropical climate, with summer temperatures ranging from 25°C to 35°C, monsoon rains cooling the city from June to September, and comfortable winter temperatures from October to April between 15°C and 30°C, making it an ideal **October - March** destination.

Languages: Mumbai is a linguistically diverse city, with Marathi being the official language, while Hindi and English are widely spoken and used for business and communication. Additionally, you'll hear a mix of regional languages like Gujarati, Tamil, Urdu, and Konkani, reflecting the city's multicultural fabric.

**Culture:** Mumbai is a vibrant cultural hub, blending tradition with modern Bollywood glamour. Its diverse food, colonial architecture, and lively spirit, reflect a unique mix of heritage and cosmopolitan energy.

**Physical rating:** Physically this is an easy trip, although there will be some walking around the city (2-4 hours on your feet daily).

**Accommodation:** Students will stay in clean, comfortable hotels in central Mumbai, with meals provided at trusted venues.

### Sample Itinerary

#### **Build Up Day**

The day of or the day before departure, all team members will meet at the school. Your Global Action Leader will check your kit and run through health and safety briefings.

#### **Day 1: Arrival and Orientation**

After an overnight flight, you'll arrive in Mumbai and settle into your accommodation in the lively Colaba district. Once rested, you'll join an orientation tour to explore iconic spots like the Gateway of India (built in 1924 during the British Raj), and the Kala Ghoda Art District, giving you your first taste of Mumbai's vibrant history, energy and culture. In the afternoon, you'll visit the Chhatrapati Shivaji Maharaj Vastu Sangrahalaya Museum to dive into India's rich history and art. The day ends with a delicious dinner at a local restaurant before you head back to rest up for the adventures ahead.





#### **Day 2: Exploring Community Initiatives**

You'll start early with a visit to Sassoon Dock, the heart of Mumbai's fishing community, where you'll witness the morning routines of the fishermen and women working in and around the fish market, and learn about Sassoon Dock's social and economic significance. Next, you'll head to the OSCAR Foundation to meet their team and learn about their education projects.





The OSCAR Foundation work in some of Mumbai's poorest communities, and is a Sports for Development (S4D) non-profit organisation dedicated to empowering underserved children through football and education. Their 'No School, No Football' policy, ensures that children stay committed to their education. They deliver football and life skills sessions to children from under-served communities based on an in-house curriculum. Spearheaded by highly qualified coaches accredited by All India Football Federation, their tailored curriculum emphasizes social-emotional learning, value-based education, and physical fitness for holistic development, and empowerment and to ensure that no child is left behind. Their Life Skills sessions equip participants with essential tools to face life's challenges, stimulate personal growth, and build resilience. These skills encompass problem-solving, critical thinking, effective communication, decision-making, creativity, relationship-building, self-awareness, empathy, and stress management.

In the afternoon, you'll take part in an interactive workshop and Q&A session to understand how OSCAR empowers youth through education and sports. Depending on that week's training schedule, you will be able to level up your skills training with the OSCAR children after school. This day will give you a deeper insight into the challenges faced by marginalised communities in Mumbai.

#### Days 3 & 4: Engaging with the OSCAR Foundation

Over these two days, you'll dive into the inspirational work of the OSCAR Foundation alongside their Young Leaders. You'll participate in life-skills and gender workshops, community clean-up activities focused on waste management in the Dharavi community, and even help deliver sessions led by OSCAR's young leaders.





These hands-on experiences will not only teach you about grassroots initiatives but also allow you to collaborate with local youth, deepening your understanding of leadership, the importance of education, and community empowerment.

#### Days 5-6: Teaching at Khoj School

You'll visit the Khoj School in Mankhurd, a unique 'school lab' within a government school in a World Bank-funded resettled community. The Khoj school is renowned for its holistic education model, which centres students' psychological wellbeing to educate, and incorporates mindfulness, counselling and inclusion practices to help empower its students.

Over two days you'll take part in intercultural exchange activities, followed by assisting in classes like English, maths, computer skills, and arts and crafts. You'll also attend a presentation on Khoj's innovative teaching methods and their focus on Social Emotional Learning (SEL). A community engagement officer will discuss key issues like gender, dropout rates, and social justice, giving you a deeper understanding of the community's challenges and successes.

#### **Day 7: Cultural Exploration and Departure**

On your final day, you'll have free time to explore Colaba and Kala Ghoda, known for their shops, cafes, and historical sites. If you're interested, there is an option to visit the Mani Bhavan Gandhi Museum to learn more about social justice hero Mahatma Gandhi's life and legacy.





Wave goodbye to Mumbai as you head to the airport for your flight home. You've explored a vibrant city and participated in valuable community projects. Arrive back home with memories to last a lifetime! Share with friends and family all the incredible experiences you've just had - the places you've been, the friends you've made, and the things you've learnt as a global citizen.

"An amazing, life-changing experience for students and staff. The most organised, beneficial educational trip you could ever experience – I have never come across an organisation with such an extensive programme, where you feel you are positively making change in the world. The learning that took place throughout the programme was beyond outstanding."

School Leader, Bede's Senior School

"Incredible, fun, eye- opening, amazing, inspiring. I've had the time of my life and really don't want to leave!"

Student, The Godolphin School

"The trip massively exceeded my expectations, it involved lots of activities to allow us to explore different cultures."

Student, Cheney School

"The trip exceeded all of my expectations by far. The organisation and support during the trip was vital for its outstanding success. All of the activities contributed to greater understanding of India."

**Head of Religious Studies, Kingswood School** 



# Organisations we support in Mumbai



The OSCAR Foundation is an innovative NGO that empowers children and youth through education and sports. Oscar was set up by the inspiring Ashok Rathod, who is himself from the community OSCAR supports. Based in Mumbai, the foundation, run by Ashok and a team of OSCAR graduates, works in some of the city's most under-served communities, using football as a tool to promote life skills, gender equality, and community leadership.



The **Khoj Community Learning Center** is a pioneering initiative by **the Apni Shala Foundation** that focuses on Social Emotional Learning (SEL) and progressive teaching methods. Located in Mankhurd, a resettled community in Mumbai, Khoj aims to influence teaching methods by operating from within a government school, while addressing the unique challenges faced by urban slum populations.



### Raising funds towards your trip

You're about to embark on a life-changing trip abroad and support communities in need. Raising funds will give you a fantastic sense of achievement. Apart from raising cash for your trip, this will give you **increased self-confidence**, **and develop your life-skills in: budgeting, creativity, independence and entrepreneurship** – great for university and your careers.

At Global Action we care about your success. We provide:

- √ 1-2 raising funds workshops for you and your team
- Regular online fundraising webinars with our partners at easyfundraising
- ✓ A 17 page fundraising guide packed with ideas, plans and resources to get you started

#### Did you know?

Most students raise £600 - £1000 towards their trip - and many even earn their whole trip cost!



Here's our five step plan to getting started:

- 1. Set a target! Are you aiming to raise the whole amount yourself, or part of this cost?
- 2. Break down your target into milestones base this around monthly or termly targets, or think about when you can dedicate the most time to it – especially over summer holidays
- 3. Make a mind map of your network, and the different ways in which they might be able to help you and how you might be able to help them!
- **4.** Put together the plan to reach your target use the Global Action Fundraising Planner from your fundraising pack.
- 5. Pick your first event and get planning! Once you have your first contribution, reaching your target will feel much more achievable.

Your fundraising will probably be split between **individual fundraising and team fundraising** – we've included some ideas below to get you thinking...

#### **Individual**

- Part-time work/Summer job
- Sponsored event
- Selling art and crafts
- Selling unwanted items
- Odd jobs in the community
- Onations from local businesses and rotary clubs

#### **Team Fundraising**

- School event film night, disco, battle of the bands
- Parents evening refreshments
- Christmas stall
- Raffle or auction of promises
- Quiz night

And, see overleaf for a great way to get free money!

Doing your own fundraising gives you a sense of achievement and means that whilst you are out on the trip you engage more in the activities as you paid for them yourself.
James, Saffron Walden High School, Zanzibar





# 6 easy steps to getting started with easyfundraising

Fundraising for your trip just got easier. Sign up to easyfundraising and start earning free cashback on all online purchases. easyfundraising partners with over 8,000 well-known online brands, so whenever anyone you know shops online, you receive free cashback you can use towards your trip target. The selection of brands to shop with is endless...

amazon.co.uk



JOHN LEWIS



asos

**Booking.com** 

















+7,500 Others

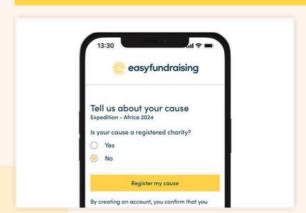
# Step 1

Scan the QR code or use the link to get started. Tell us your name and where you are going to travel.





www.easyfundraising.org.uk/global-action

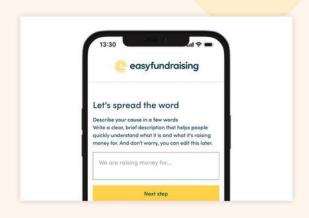


# Step 2

Fill in your details and click 'Register my cause'.

## Step 3

We'd love to know more about you and what you're up to; tell us a bit about your expedition.



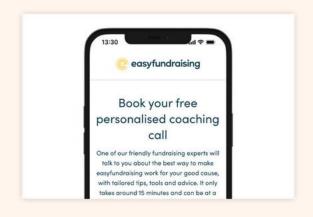


# Step 4

Downloading the easyfundraising app is the easiest way to earn free cashback, do this now while you remember.

# Step 5

Book a free call with one of the fundraising experts for the best advice on how to get family and friends registered and earning cashback toward your target.





## Step 6

Visit 'Account' then 'Promote my Cause' for ready-made social media text, images, and WhatsApp messaging you can download and share to encourage family and friends to support you.

### Why book with Global Action?

### **The Specialists**

Travel with the UK's leading provider of Global Learning programmes. Global Action is managed by international development professionals, who have over 15 years' experience in organising school trips worldwide. You'll get full support, start to finish, from our experienced operations team, who have travelled to all our trip destinations. You will benefit from their first-hand knowledge and their wealth of experience from organising inspirational trips.

### **High Educational Value**

Our Global Action programmes are designed to strengthen students' **employability skills** in leadership, teamwork, and communication. All students completing a Global Action trip qualify for the widely recognised **ASDAN Universities Award.** The ASDAN Universities Award is highlighted by UCAS for applicants to mention in the personal statement of their UCAS form. Students have found that the Universities Award has made a significant difference to their UCAS Application.

### **Safety First**

On a Global Action trip, the health and safety of all our participants is our top priority. We have a full and comprehensive **Safety Management System**, including detailed risk assessments for each activity, and extensive itinerary planning with our trained in-country partners. We provide each team with highly qualified and experienced UK Global Action Leaders, supported by school staff, 24-hour safety backup, communication equipment and comprehensive First Aid Kits. **Read more at:** https://global-action.co.uk/for-parents-students/safety/

#### **Financial Protection**

Once you have booked you will enjoy financial security, as Global Action is a **fully-bonded UK tour operator** with the Civil Aviation Authority's Air Travel Organisers Licence (ATOL) Number 10624. So your trip is in safe hands, and monies paid to us are fully protected.





# How to apply for this trip

- 1. Complete online application: see school letter for the link to your portal page
- 2. Send deposit to Global Action (or the school) see your portal page



Contact us

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